## **Support Groups at Vista Del Mar**



The Adoptions & Foster Care Department at VDM is now offering three different quarterly Support Groups for current and former clients. These groups are all being held via a virtual platform but an RSVP is required.

## WAITING FAMILY GROUP

For those who are prospective adoptive/foster parents awaiting a match or placement or who are currently in a match. This groups provides a safe space for receiving support and having a way to connect with others also going through the adoption process, regardless of the type of adoption (Domestic, RFA or International).

Meets Jan 16, Apr 3, Jul 10, Oct 16 (all Saturdays) from 10:00am – 11:30am

## LGBTQ+ GROUP

For both parents and "parents-to-be" who themselves identify as part of this population and/or who are parenting a child who identifies as a member of this population. This group provides a space where VDM clients can come together to share issues and topics relating to adoption and adoptive parenting. Attendees may be waiting for a placement or may be parenting already.

Meets Feb 13, May 8, Aug 14, Nov 13 (all Saturdays) from 10:00am – 11:30am

## **ADOPTIVE PARENT GROUP**

For those former or current clients who already have a child/children placed in their home (even if not yet finalized) to receive ongoing support from professionals and other parents with regards to parenting and issues that may be unique to the adoptive family.

Meets Mar 7, Jun 6, Sep 12, Dec 5 (all Sundays) from 10:00am – 11:30am

For questions or to be added to our distribution list please contact:



GuylaineBrosmer@vistadelmar.org